

SJB School Lunch Menu (January 2023- Easter 2023)

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 9/1 6/2 6/3 3/4	Margareta pizza <i>Herbie potatoes</i> Tossed Salad Jam & Coconut sponge & Custard	Breaded Fish Fingers Baked Beans Mixed Vegetables Mashed Potato Fresh fruit selection & yoghurt	Breaded Chicken Goujons Sweetcorn, Mashed potatoes Salad Selection Vanilla Ice cream, Oranges, and chocolate sauce	Roast Beef Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Dry Roast & Mashed Potatoes Frozen yoghurt & Fresh Fruit Selection	Hot dogs Tossed Salad/Coleslaw Chips Flakemeal Biscuits & Fresh Fruit Chunks
WEEK 2 16/1 13/2 13/3	Spaghetti Bolognaise Crusty bread Tossed salad Melon, cheese, and crackers	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Chocolate Sponge & Custard	Breaded Fish Goujons Sweetcorn Mashed Potato Flakemeal Biscuits and fresh fruit	Roast Pork Traditional Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots Oven Dry Roast & Mashed Potato Fresh fruit selection & yoghurt	Breaded Chicken Bites Beans Chips Coleslaw Jelly, Ice Cream and Fresh Fruit
WEEK 3 23/1 20/2 20/3	Pasta Bolognaise Crusty bread Sweetcorn Raspberry ripple ice cream & Fresh fruit Chunks	Roast Breast of Chicken Traditional stuffing Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato Popcorn cookies and watermelon chunks	Cheese and ham Panini Herbie potatoes Fruit sponge & custard	Salmon fish cake/ Breaded Fish Baked Beans Mashed Potato Frozen smoothies & fresh fruit	Steak Burger in a Bap Coleslaw Tossed Salad Chips Fresh fruit selection & yoghurts
WEEK 4 2/1 30/1 27/2 27/3	Oven Baked Sausages Baked Beans Mashed potatoes Arctic roll & selection of fresh fruit	Breaded Fish Fillets Sweetcorn & Peas Mashed Potato Melon, cheese, and crackers	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Fruit sponge & custard	Roast Beef Traditional stuffing Gravy Savoy cabbage Oven Roast Dry & Mashed potato Fresh Fruit Selection and yoghurt	Margareta Pizza Chips Tossed Salad Coleslaw Flakemeal biscuit & Fruit Chunks

*Breads
Milk, Water
A Choice of Fresh
Fruit & Yoghurt
Available Daily*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

Menu choices subject to deliveries



Fresh Fish May Contain Bones